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ANNIVERSARY GALA AT USS MIDWAY



COURTESY PHOTO

More than 600 people, including a range of industry representatives, attended J&W Lumber's 60th anniversary celebration aboard the USS Midway Museum.

J&W Lumber celebrates 60 years of growth, service to San Diego region

It's been 60 years since Charley Jennings, armed with \$20 and a truck full of wood, started J&W Lumber. In celebration of six decades of providing San Diego with service, selection and quality outdoor building materials, J&W Lumber hosted a customer appreciation event recently on the USS Midway Museum. The 600-plus people in attendance aboard the aircraft carrier Midway had a night to remember.

J&W Lumber had over 55 of the top names in building on hand at the event, demonstrating the now-expansive line of materials to help complete just about any outdoor building project. Represented were top names such as Trex decking, Duralum patio covers, ActiveYards fencing,

and James Hardie siding products, as well as Simpson Strong-Tie hardware and Superdeck Stain. Representatives from lumber mills in Northern California, Oregon, Washington and Canada were also present.

J&W, which serves homeowners, contractors, municipalities, dealers and manufacturers, offers decking, railing, siding, trim, patio covers, patio, fencing, garden, lumber and hardware.

Services also include custom milling, delivery, and design services.

Over the years, J&W Lumber's mission has always been to provide the San Diego community with knowledgeable employees who sell some of the best materials on the market. It

aims to continue to be the best place for decking, siding, fencing and patio covers in San Diego for the next 60 years and beyond, proving their motto, "It's what we do, it's all we do, and nobody does it better!"

J&W Lumber has locations in El Cajon, 430 S. Marshall Ave., (619) 442-0658; Sorrento Valley, 11135 Sorrento Valley Road, (858) 452-0520; San Marcos, 2709 S. Santa Fe Ave., (760) 727-1510; Escondido, 1179 W. Washington Ave., (760) 745-6800; Murrieta, 25217 Jefferson Ave., (951) 698-0215; Chula Vista, 3817 Main St., (619) 585-3620; and CJ Redwood, a wholesale lumber company.

For information or to get an estimate on your outdoor project, visit jwlumber.com.

CAREFREE VACATIONS

Sail the Caribbean at 30 percent off on bookings made by end of month

Get bigger thrills than ever from Royal Caribbean International's cruise ship Liberty of the Seas — and get it all for less.

Pricing starts from \$449 per person for seven-night Western Caribbean itineraries aboard Liberty of the Seas, which currently sails from Galveston, Texas. In addition, take advantage of 30 percent off each guest and onboard credit when you book by May 31, 2017.

Last year, Liberty of the Seas received a bow-to-stern makeover and introduced a virtual boatload of Royal Caribbean firsts, such as the Perfect Storm, a collection of water slides that includes Tidal Wave, the first-ever boomerang-style slide at sea. Also new is Splashaway Bay, an aqua park featuring an interactive kids' play area with water cannons, geysers and more.

In addition, the ship offers an expanded lineup of food options, including modern Mexican cuisine at Sabor; Giovanni's Table, an Italian trattoria featuring Italian classics served family style; and the R Bar, featuring a sophisticated 1960s vibe, complete with iconic decor and signature cocktails mixed by a savvy, personable mixologist.

Liberty of the Seas will sail seven-night Western Caribbean itineraries every Sunday from Galveston visiting warm-weather getaways including Belize City, Belize; Cozumel, Mexico; Falmouth, Jamaica; George Town, Grand Cayman; Montego Bay, Jamaica; Puerto Costa Maya, Mexico; and Roatan, Honduras.

Royal Caribbean International is an award-winning global cruise brand with a 48-year legacy of

innovation and introducing industry "firsts" at sea. The cruise line features an expansive and unmatched array of features and amenities only found on Royal Caribbean, including jaw-dropping, Broadway-style entertainment and industry-acclaimed programming that appeals to families and adventurous vacationers alike. Onboard, guests are catered to with the cruise line's world-renowned friendly and engaging Gold Anchor Service by every staff and crew member. Royal Caribbean has been voted "Best Cruise Line Overall" for 14 consecutive years in the Travel Weekly Readers Choice Awards.

Call Carefree Vacations at (800) 266-3476 or visit carefreevacations.com/ut/wow-sale to book your next Royal Caribbean International cruise.



COURTESY PHOTO

Royal Caribbean International's newly revamped Liberty of the Seas, which sails from Galveston, Texas, now offers water slides and an aqua park on board.

LIFE WITHIN FAMILY CHIROPRACTIC

Hillcrest practice will host free family social evening to support LGBT parents

Life Within Family Chiropractic, a family practice committed to supporting the needs of its practice members and community in Hillcrest, will host a free LGBT family social on Thursday, June 1.

The event, scheduled from 7 to 9 p.m. at 1452 University Ave., offers an evening to mingle with

fellow same-sex parent couples and LGBT parents within the San Diego community. Snacks and drinks will be provided. The goal of the event is to support a community that needs a space to share highs and lows, connect, talk and socialize.

To reserve a spot, send an email to Dr. Katie Schlein

at drkatie@lifewithincenter.com or RSVP at [facebook.com/events/511921632529886/](https://www.facebook.com/events/511921632529886/).

Life Within Family Chiropractic, led by Dr. Mark Gottlieb, is the 2015 winner for Best Chiropractor in the annual San Diego's Best Union-Tribune Readers Poll. The practice uses state-of-the-art technology

in assessing a client's nervous system and spine, and it offers choices and supports people in finding the best solution for their health. The oldest practice member is 97; the youngest is 1 week old.

"We believe that health is a right, not a privilege," said Schlein, who specializes in pediatric and prenatal care.

"Therefore, we make care affordable, have family plans, and discount to honor our San Diego service professions (police/firefighters) and military. In addition, our energy, space and exceptional and timely delivery of family chiropractic care sets us apart. We see whole families' health transform through finding the

cause of issues, instead of merely treating the symptoms."

Life Within Family Chiropractic continues to sponsor local youth sports teams and participates in gay pride, wellness and kids' expos.

For more information, call (619) 291-5433 or visit lifewithincenter.com.



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Union-Tribune
Publication Date: 05/21/2017

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